

# KIDS ONLY TRIATHLON



## PACKET PICK-UP

Centennial Pool; 1201 Alpine St.

**Friday, June 1** 3pm-6pm  
**Saturday, June 2** 6am-7:30am

## DAY OF RACE TIMELINE

**Saturday, June 2, 2012**

**6am-7:15am:** Day of registration

**6am-7:45am:** Body marking, bike helmet check and equipment set-up

**7:45-8am:** 6-8 year olds report to the swimming pool for their timing chips, heat and lane assignments

**8am:** 6-8 year old girls start the race

## DISTANCES

### 6-10 year olds

100 yard swim; 3 mile bike;  
0.6 mile run

### 11-12 year olds

200 yard swim; 6 mile bike;  
1.2 mile run

### 13-17 year olds

400 yard swim; 6 mile bike;  
2 mile run

## AWARDS

**Finisher:** Everyone receives ice cream compliments of Glacier Ice Cream, an event shirt and a Finisher Medal!

**Place:** The award ceremony will be held approximately 30 minutes after the last athlete completes the course.

## RACE HIGHLIGHTS

### Swimming Heats

**6-10 yr olds** will be divided up according to age groups, 2 people per lane, parallel swimming. 6-8 year old girls swim first.

**11-17 yr olds** will be grouped by distance and estimated swim times, slower times first.

**11-12 yr olds** will have to submit estimated swim time for the

### 200 yards

**13-17 yr olds** will have to submit estimated swim time for

### 400 yards.

### Participant Responsibility

Participants are responsible for counting their swim, bike and run laps. Parents and spectators may assist with counting, but it is ultimately the participants' responsibility. If a participant does not complete the correct amount of laps, they are not eligible for place awards.

**Race will be held regardless of weather. Sorry, no refunds.**

**Please check out our website at <http://www.ci.longmont.co.us/rec/special/LongmontYouthTriathlon.htm> for ALL race details.**

**SATURDAY, JUNE 2, 2012**

## LONGMONT KIDS ONLY TRIATHLON ENTRY FORM

Name: \_\_\_\_\_ Male Female

Age participant will be on 6/02/12\*: \_\_\_\_\_ Birth Date: \_\_\_\_\_

\*If child wishes to 'race-up' please put age as of 12/31/12

### 11-12 year olds

200 yd Estimated Swim Time: \_\_\_\_\_

### 13-17 year olds

400 yd Estimated Swim Time: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Phone #: \_\_\_\_\_

Address: \_\_\_\_\_ City, State, Zip: \_\_\_\_\_

Circle T-Shirt Size: Youth Med Youth Lg Adult Sm Adult Med Adult Lg

Entry Fee Enclosed:  \$28 through 5-28-12  \$38 begins 5-29-12

Payment:  Cash  Check\*  Charge (Visa/MC/AmEx/Dis)

Card#: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

\*Checks made out to: City of Longmont

*Please read and sign the liability waiver below:*

I understand that there are certain risks involved with participating in any recreational activity. I expressly understand, agree that neither the City of Longmont Colorado, a municipal corporation, nor any of its officers, agents, volunteers, assistants, or employees, shall be held responsible or made subject to any claims, including any claim for negligence, seeking to assess damages or liability for or arising from personal injury or property damage to myself or other person in whose behalf this form is now signed as a result of actual or proposed participation in the above named programs. I, on behalf of myself and my child, hereby agree to **HOLD THE CITY OF LONGMONT, ITS OFFICERS, AGENTS, VOLUNTEERS, ASSISTANTS, AND EMPLOYEES, HARMLESS ON ACCOUNT OF ANY SUCH CLAIM.**

**Photograph Release:** To more effectively promote programs and activities sponsored by the City of Longmont, the City of Longmont seeks permission of program and activity participants to photograph my child/ward while participating in City of Longmont programs and activities. This includes permission to publish photographs of my child/ward for such purposes.

\_\_\_\_\_  
Printed Name of Minor Child

\_\_\_\_\_  
Printed Name of Parent or Guardian

\_\_\_\_\_  
Signature of Parent or Guardian

\_\_\_\_\_  
Date